

The founders of the college way back in 1887 defined the mission of the College in terms of an all round development of human persons through imparting sound knowledge and humanistic values so that young men and women would be sent out to the wider arena of life and they would make a qualitative change there by their life and work. MCC, like any good reputed institution of higher education did pay attention to the formation of an integrated personhood through relevant practices, programs and events inbuilt into the academic calendar. The institution of Dr.Devanesen Centre for Human Resource Development is another attempt in the pursuit of the vision of the college.

The center was established in the year 2004 when the College decided to introduce Personality Development as a subject in the UG Curriculum. Since then the UG curriculum of the College of both streams has Personality Development as an important component for two semesters. Today, we have 35 Faculty who are trained in this area. Every year 1100 students are the beneficiaries of The Personality Development program. In this program classes are held not in the conventional sense of the term. Classes are student friendly, participatory and experiential.

The centre is offering a valuable service to the students since 2004-05 in helping them acquire the necessary self confidence and other human and social skills. The outcome of the students is seen in the overall increase in the campus placements in the last six years. The review and feedback received from the students is highly encouraging and challenging to do still better.

The trained facilitators of the college with their experience and expertise as well as inputs from the corporate HR professionals, developed a syllabus on their own the course content. This is one the First volume dealing with certain skills found necessary for one's own self development and personal effectiveness. These are by no means intended to be the text books for the students but only to serve as a guides or the manual for the facilitators to conduct the course in the class room environment for a group of students numbering about 35, preferably a mix of boys and girls from different disciplines. This publication is the culmination of the efforts towards developing a course content to meet the specific needs of our students.

[Dr. T. Shirmila](#) Convener

Dr. Devanesen Centre for Human Resource Development
Madras Christian college
Tambaram, Chennai 600 059

Phone: 91-98400 23441

Email: hrd@mcc.edu.in □ resourcesmcc@gmail.com

